



COVID-19

COVID-19 Third-Dose (Booster) Shots Have Begun

If you wish to receive a booster shot, please consider **getting the vaccine variety most readily available to you.**

Nagano Prefecture has set venues for booster vaccination shots as follows.

Eligibility (Those who meet all of the following.)

- **Age 18 or older living in Nagano Prefecture**
- **At least six months after the second dose**
- **Having additional vaccination voucher issued by your municipal office**



How to Book

Online booking page (By 5 p.m. two days prior to the vaccination)



Venue information



Booking page



First and second dose
information
(venues and schedules)

Telephone (Up to one day prior to the vaccination)

Nagano Vaccination Venue Management Office ☎ **026-480-0400** (Japanese only)

Hours: 9:00 a.m. to 5:30 p.m. (open on Saturdays, Sundays, holidays)

What to Bring

- Identity verification document (residence card, passport, driver's license, individual number card, insurance card, etc.)
- Additional vaccine voucher issued by your municipal office

Vaccine

Moderna



About Booster (Third-Dose) Shots

- Vaccine effectiveness decreases over time, resulting in reduced infection prevention efficacy. It's shown that the efficacy of preventing severe symptoms also declines for the elderly.
- A booster shot bolsters the declined infection prevention efficacy and the prevention of severe disease.
- Vaccines for the third dose are not restricted to the brand(s) used for your first two doses.

Working in Japan Following High School Graduation

The Immigration Service Agency of Japan permits foreign residents with Dependent residency status accompanying their parents who find work in Japan after high school graduation to change their visa status to Long-Term Resident or Designated Activities status.

Main Requirements

Long-Term Resident	Designated Activities
Graduating from Japanese elementary and junior high school.	—
Graduating or expected to graduate from Japanese high school.	Graduating or expected to graduate from Japanese high school. If transferred, having Japanese language proficiency equal to N2.
—	Having your supporter (father, mother, etc.) in Japan.
Having been residing in Japan with Dependent residence status since entering Japan.	
Under 18 years old when entering Japan.	
Having found (including receiving an informal offer from) a place of employment. Working hours must exceed 28 hours per week.	

Please visit the Immigration Service Agency website for details.



YouTube videos in plain Japanese



Series from Part 1 to 5

Helpline for Anyone



Yoriso Hotline accepts consultations about residency status, visas, living and working in Japan, or anything else if you need assistance. The service is available in 10 languages, free of charge. Your personal information will be confidential.

Please see the website for language service, open hours, etc.



Facebook page

Personnel Shift

The Nagano Prefecture Multicultural Consultation Center opened in October 2019, and accepts consultations from foreign residents in Nagano. The current director of the center will step down on March 31. Our new director will join us in April.

Farewell From Current Director

Hello. I am Sunohara Naomi, the current director of the center. Our mission is to offer consultation for foreign residents in Nagano and deliver you necessary and accurate information. I hope you will count on us when you need help. Thank you for your cooperation during my time in office.



Please call the Nagano Prefecture Intercultural Consultation Center if you need assistance. Free consultation is available in 15 languages.

☎ 026-219-3068 / 080-4454-1899 Website: <https://www.naganoken-tabunka-center.jp/>

